## **Dietary Restrictions Form** NORTH AMERICAN ACADEMY OF PIPING & DRUMMING

\*This form must be completed and returned to Cathleen Nixon during registration so that necessary eating arrangements may be accommodated for the following week of camp.

Please check any of the following dietary restrictions that apply to you:

- \_\_\_\_ Lactose intolerant or milk allergies (dairy free)
- \_\_\_\_\_ Vegetarian (will eat animal products, but not meat, poultry, and fish)
- \_\_\_\_\_ Vegan (no animal products whatsoever)
- \_\_\_\_\_ Religious dietary practices
- \_\_\_\_ Diabetic diet
- \_\_\_\_\_ Gluten free
- \_\_\_\_\_ Autoimmune Disorder
  - Please specify: \_\_\_\_\_

Please list any food allergies you have:

Please list foods that you may not eat due to Autoimmune Disorder/dietary restrictions:

Participant Name (please print):

Participant Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature (if participant is under 18 years of age):